

Mental Health & Suicide Prevention Awareness



MATES IN CONSTRUCTION

Slade McFarland (Ex-ALL BLACK)
Presenting

26th Nov

RYDGES HOTEL

5PM-7:30PM

(Drinks & Nibbles 5pm-6pm)

27th Nov

"MATES CONNECTOR"

8am-12

(Be trained to provide support to workmates & others - Limited to 25)

Register today - It's Free!



 Need help now? Call 0800 111 315